



MACASA

BULLETIN

April 2022

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*"Funded by the
Australian Government
Department of Health.*

*Visit the Department of Health
website (www.health.gov.au)
for more information"*

Happy Easter.

I'm not sure how you are feeling, but once again for me, the year is moving so quickly. With the restrictions at the start of the year, and the increasing COVID cases, we had a slow start to our functions. Luckily we were able resume our luncheons and an outing in March, with our trip from Victor Harbor to Goowla, riding on the Cockle Train with a lovely lunch over on Hindmarsh Island.

Our Easter Raffle was drawn on Tuesday April 12th and the winners are:

1st Prize went to *Eddie Camilleri*, 2nd Prize - *Barbara Fava*, 3rd Prize - *Karen Hazelhurst*, 4th Prize - *John Mangion* & 5th Prize - *Sofia Ebel*.

Congratulations to each of the above winners and MACASA would like to thank everyone that supported MACASA by purchasing tickets.

By now many of you have met or spoken with our new Student Interns, Francis and Cynthia. An introduction from them both is on page 3, letting us know a little about them and also what they would like to learn during their time with us here at MACASA. During their time with us they will be contacting as many clients as possible to perform a reassessment with you. The students will be confirming your personal contact details as well as also reviewing your current wellness, abilities and any needs that are not being met. Please note that as a MACASA client it is a requirement as part of our funding that each client is reassessed annually. If there is any information that you are uneasy providing that is your choice and there will be no repercussions from this however we must review your contact information, current services and needs

All the staff and management at MACASA would like to wish you a safe and Happy Easter.



Warm Regards,
Madeleine Williams.

2022 EVENTS

Please see below our planned events, restrictions permitting, for May and June. We would love to see you at one of these up coming events if you haven't attended before and if you're a regular we look forward to seeing you again. A copy of our full event calendar for 2022 will be sent out early in 2022 when we have finalised our calendar and are more sure of what restrictions are in place.

If you would like to attend any of our outings please contact the office on 8241 0266 to book your seat and if you require transport please ensure you advise the staff.

Save the Date

May

Monday 2nd - North Luncheon

Monday 9th - South Luncheon

Wednesday 18th - ROCKING HORSE/MELBAS/HAHNDORF

Wednesday 25th - West Luncheon

June

Monday 6th - North Luncheon

Monday 20th - South Luncheon

Wednesday 29th - West Luncheon

Do you have a mobility aid?

Please advise our staff what you have when booking your transport. We also have buses with wheelchair lifts available to our functions if you require one.



Introducing....

MACASA's new Uni SA Student Interns

FRANCIS TA

My name is Francis Ta, and I'm a social work student from the University of South Australia. I started my placement at the Maltese Aged Care Association on Monday, 28/2/ 2022, and it is my first placement for the organisation.

A little bit about myself, I'm from Hanoi, the capital city of Vietnam, where I spent most of my life with my friends and family. English is my second language which may affect how I understand you and communicate with you. I look forward to improving my English to understand you better and engage with you appropriately. Also, I am aware that my cultural orientation might cause some behaviour or actions that may make you feel uncomfortable or seem inappropriate. So, please let me know straight away, and I will do my best to understand and improve myself.

I am eager to learn about your culture with an open mind to expand my knowledge and treat you with cultural appropriateness. Moreover, I love listening to your concerns and your thoughts to understand and help you within my abilities. When I finish my placement, I hope to use what I have learned to serve the community and people in need. I'm looking forward to working with you during my placement.



CYNTHIA CHONG

Hi Ladies and Gentlemen,

My name is Cynthia, I am a third year student from UniSA currently studying a Bachelor of Social Science in Ageing and Disability. I am doing my placement with Maltese Aged Care Association

for the next 3 months and will hopefully get to meet you at one of the luncheons, bus trips or you may receive a call from me to update your care plan and complete your reassessment, I am looking forward to working with you all.

I am originally from Malaysia and Australia is my home now. I am a mum of three and live in the Tea Tree Gully area with my husband and kids. My hobbies include hiking, baking sweets, travelling and eating nice food.

My goals for this placement is to learn and gain more experience about the government policies and the effects on the service provision to the community and service user, at the same time. I would like to learn from you about what your needs are and what are the things that would provide the quality of life for you all.



Re-assessments

We would like to remind all of our clients, that we will continue to contact you periodically to confirm your details and keep our system up to date and to ensure that you are receiving the right care that you need. As always if you would like to speak with someone in person you can request this from our staff member or Volunteers when they call you and we will organise a time to perform your assessment in person. These can be completed at a luncheon or function that you attend, or you could visit the office or our volunteers could visit your home to complete the reassessment.

These re-assessments should only take about 30 minutes to confirm your information and update any information that needs updating as well as reviewing your care plan and the services you currently receive and identify any additional services that you may require.



Assessments



centrelink

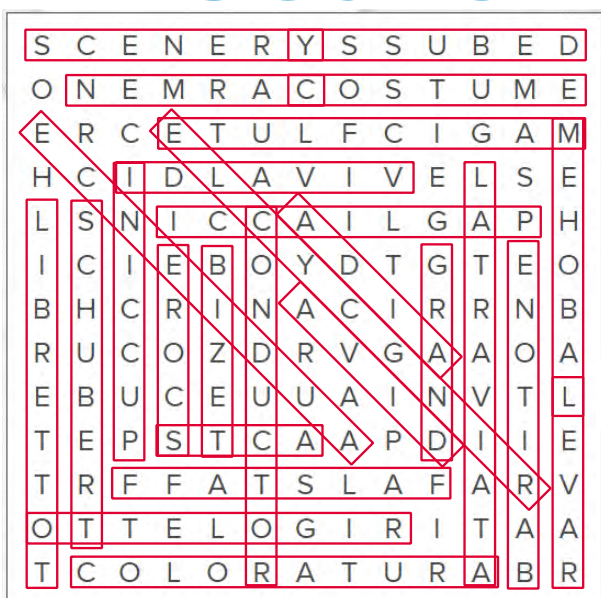
Centrepay

Centrelink offer a bill paying service called Centrepay which is available to all pension recipients.

Centrepay is a free and voluntary service to pay bills and expenses as regular deductions from your Centrelink payments. If you receive a pension from Centrelink and would like your MACASA account paid by Centrepay you can organise the payment deduction with Centrelink directly by calling your regular payment number, using your Centrelink online account through myGov, using the Express Plus Centrelink mobile app on your mobile device, in person at a Centrelink service centre or you can contact the MACASA office either in person or by phone on 8241 0266. Payments can be made as regular fortnightly payments or as a one off payment. The minimum amount that can be deducted from your Centrelink pension by a Centrepay deduction is \$10 per fortnight. Once your deduction has been setup Centrelink may send you a letter to advise that the deduction has been setup or you can check online.

MACASA's Centrelink reference no is **555 117 687C** and the business name is **Maltese Aged Care Association (SA) Inc.**

Word Search



ACTS
AIDA
AUDIENCE
BARITONE
BIZET
CARMEN
COLORATURA
CONDUCTOR
COSTUME
DEBUSSY
DIVA
FALSTAFF
GRAND
LA BOHEME
LA TRAVIATA
LIBRETTO
MAGIC FLUTE
PAGLIACCI
PUCCINI
RAVEL
RIGOLETTO
RING CYCLE
SCENERY
SCHUBERT
SCENERY
SCHUBERT
SCORE
VIVALDI

Puzzle Corner Answers

Sudoku

4	8	3	5	2	7	9	6	1
5	2	6	9	1	3	4	7	8
1	9	7	6	4	8	2	3	5
6	3	9	2	5	1	7	8	4
8	5	1	7	6	4	3	9	2
2	7	4	3	8	9	5	1	6
3	4	5	8	9	6	1	2	7
7	6	2	1	3	5	8	4	9
9	1	8	4	7	2	6	5	3

December & January Birthdays

Angolina Camilleri
Ann Calleja
Ashley Vignes
Barbara O'Halloran
Bev Vickery
Charlie Mercieca
Dorothy Butcher
Jane Grima
Guza Degabriele
Julius Maizen
Katie Attard
Kayleen Abbott
Ken Phillips
Kent Harvey
Lilian Despott
Lorice Robb
Lynlee Smans
Doris Braybrook
Maria Balogh
Mary Middleton
Orris Lennon
Thomas Clothier
Vicky Seal
Vince Vieraitis
Adelina Russo
Andrea Varga
Ann Underdown
Anne Copson
Barbara Porteous
Barrie Moellar
Carmen Vining
Caroline Lennon
Carolyn Auger

David Dobson
Diana Spiteri
Dorothy Mitchell
Douglas Mansfield
Elaine Meade
Enid Brown
Ernie Rouse
Gail Lange
Gina Sassine
George Gorezis
Georgina Pace
Gloria Buhagiar
Helen Taylor
James Bush
Jean Hicks
Jeffrey Burg
Jelena Bekric
Jenene Brooke
Jennifer Nicholson
Jessie Caruana
Jill Snook
Jim Richardson
Joan Oborn
Joan Brown-Wood
Joyce Coulter
June Armstrong
Kath Price
Ken Bartel
Kevin Rickaby

Lena Kingshott
Leslie Donlan
Lilly Attard
Margaret O'Callaghan
Maria Pietrafesa
Marie Axleby
Mary Craus
Mary Whitfeld-Trower
Mary Le Leu
Maureen Williams
Michael Howe
Michelle Cellier
Rena Buttigieg
Nick Cutejar
Patrick Mitchell
Pauline Keane
Pauline O'Brien
Philies Hatvani
Raelene Jones
Robert Gordon
Robert Powell
Rosa Romeo
Sheila Harrison
Shirley Toros
Spiro Vassallo
Susan Stoddard
Theresa Vassallo
Trevor Pedler
Trudy Van Embden
Valerie Fendt
Vincent Saliba
Vincenzo Pietrafesa
Walter Jackson



Feb. March & April Birthdays

Adrian Henderson

Allen Garland

Anne Harvey

Tonya Zammit

Betty Reed

Bruce Tilley

Carmen Briffa

Chantal Smith

Colin Scott

Donald Roach

Geoffrey Copson

Graham Lennon

Helen English

Ivan Novosel

Jan Morgan

Janice Taylor

Jessie Hunt

Joe Bell

John Renton

Jessie Borg

Judith Mcphee

Leli Saliba

Lilian Mifsud

Lorraine Sansome

Margaret Wright

Maria Arena

Maria Falzon

Marie Gisen

Marilyn Robertson

Nan Beard

Nancy Lampre

Peter Dodworth

Robert Jones

Thelma Coard

Zena Molinari

Tony Vassallo

Kay Whitelaw

Yvonne Jackaman

Barbara Fava

Barbara Rose

Bozena Cabaj

Cynthia Repo

Doris Cutejar

Elaine Fischerman

Elaine Ward

Frank Grima

George Bonnici

Geraldine Gregory

Gerard Bourne

Harry Bugeja

Harry Suharto

John Collins

Justin Arnold

Karoly Halmai

Larnor Ritchie

Leonard Hanson

Kay Danvers

Meg Russo

Connie Caruana

Marie Saad

Mary Borg

Mary Borg

Moira Heath

Pam Dunn

Patrick Footman

Sybil Hyett

Tom Borg

Aggie Arnold

Catherine Vella

Chris Morton

Edward Blakeview

Edward Gadickas

Filomena Barone

Helen Lehmann

Horest Bianco

Janet Chaplin

Josie Cauchi

Ken Mullan

Manuel Segura

Maria Zivkovic

Max Gray

Peter Mcconnachy

Ron Flaherty

Sharon Bennett

Sherida Fullarton

Mary Jordan

Sofia Ebel

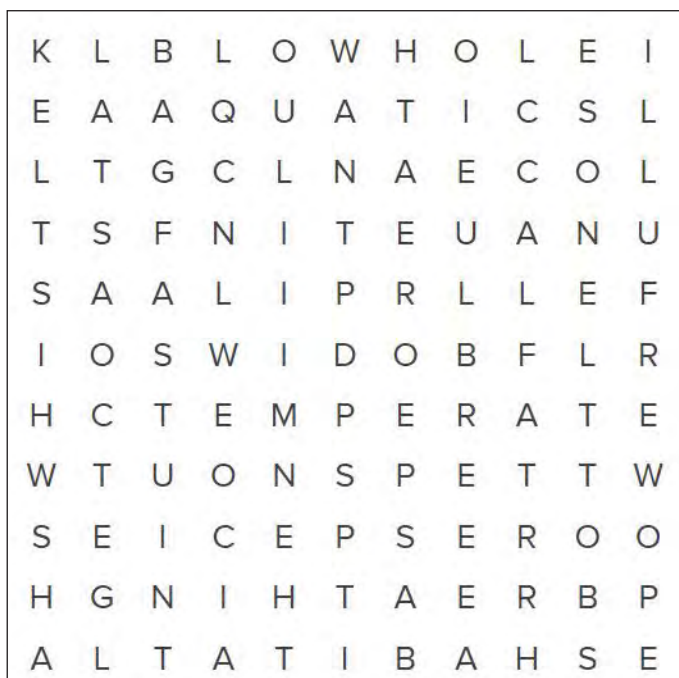
Susan Sturm

Tony Bayadi





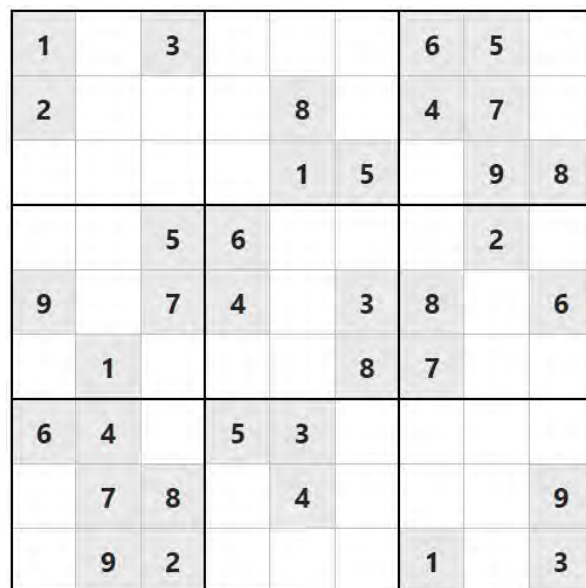
Word Search



DOLPHINS

AQUATIC
BLOWHOLE
BLUE
BOTTLENOSE
BREATHING
BREEDING
CALF
COASTAL
FAST
FLIPPERS
HABITAT
OCEAN
POWERFUL
SNOUT
SPECIES
TAIL
TEMPERATURE
TROPICAL
WHISTLE

puzzle corner



Sudoku

Available Services from MACASA

Domestic Assistance

Domestic help services can support you with practical tasks such as general housework and shopping. Services like these may help you to remain independent in your own home.

Domestic assistance can be provided 1 hr per week or 2 hours per fortnight at a cost to you of \$18.00 per hour.

Transport

Transport services can help to get you to and from your appointments and around your community.

Transport can be provided via taxi vouchers.



Meals

Meals and other food services can help you maintain a healthy, balanced diet. These services may support you to stay in your own home. MACASA provide home cooked meals as both fresh (delivered daily) and frozen deliveries (delivered weekly) depending on your suburb. A 3 course meal is \$11.00.



Social support

Social support services can help you to maintain an active social life by having someone visit you in your home, or by arranging visits and outings in the community. Would you like to meet new people, try something new or just have some company on a regular basis. Contact the office so that we can discuss your social needs and goals.



EASTER

2022



Handy Contact Numbers



myagedcare

Ph: 1800 200 422

myagedcare.gov.au



centrelink

Older Australians: 132 300 MyGov: 132 307

People with disability & Carers: 132 717

Multilingual Service: 131 202

<https://www.servicesaustralia.gov.au/>



Government of South Australia

Department of Human Services

Independent Living Centre and Continence Resource Centre

Phone 1300 885 886 (SA and NT only) or 8266 5260



**dementia
australia**

The new voice of Alzheimer's Australia

National Dementia Helpline - Ph: 1800 100 500

Dementia Australia SA - Ph: 8372 2100

<https://www.dementia.org.au>



beyondblue

Depression. Anxiety.

Beyond Blue Support Line - Ph: 1300 22 46 36

<https://www.beyondblue.org.au>



SAPOL Attendance: Ph: 131 444

SAPOL Emergency - Ph: 000



*"Age is an issue of
mind over matter.
If you don't mind,
it doesn't matter"*

~ Mark Twain