



Maltese Aged Care Association
(SA) Inc.
ABN 71 724 767 570

MACASA

**PO Box 6004
Alberton SA 5014**

OFFICE

**Cheltenham Community
Centre**

**62 Stroud Street North
Cheltenham SA 5014**

PHONE

(08) 8241 0266

MOBILE

0412 014 313

FAX

(08) 8241 0299

WEBSITE

www.malteseagedcare.org.au

EMAIL

reception@malteseagedcare.org.au

MACASA SERVICES

- *Meals: Fresh Home-delivered or Frozen pick-ups*
- *Monthly Activities: Salisbury, St Mary's & Cheltenham*
- *Bus Trips/Day Trips*
- *Transport Services*
- *Visiting/Social support*
- *Domestic Assistance*

*"Funded by the Australian Government
Department of Health.
Visit the Department of Health website
(www.health.gov.au)
for more information"*

BULLETIN

VOLUME 9* ISSUE 27

August 2016

Hello Service User,

Service User as one of the requirements from the Quality Review that we undertook in May 2016 was that all clients are to be contacted at least every 12 months to perform an assessment of their details and service needs. Service User we also have 2 new volunteers, Sharyn Townsend and Anjum Sultana, who are currently performing these assessments and will be contacting all MACASA clients, as well as yourself, as they become due. Service User if you would like to have your assessment performed in person please advise us when we call and we can arrange to complete your assessment at the next function you attend or an appointment can be made for you to visit the office or for one of our staff or volunteers to visit your home.

The Quality Review reviewers will be doing a follow up review regarding our client assessments and will be performed on September 29, 2016. Please find a letter enclosed to inform you of all the details regarding the visit should you wish to speak with the reviewers.

Service User did you know that as a MACASA client you are eligible to access all of our services and to attend all of our functions. Please remember that we offer transport for all of our functions if you no longer drive but would like to join one of our functions. If you do require any further assistance with continuing to stay in your home please do not hesitate to contact the office and speak with one of our office staff regarding the services that you require and please see page 5 for some of the services that we provide.

During July the President of Malta, Marie Louise Coleiro Preca, visited Adelaide which gave an opportunity for our Maltese clients and their families to meet and speak with her. The President was in Australia to meet the Maltese Communities in Australia and to deliver a keynote address at Flinders University conference on preventing childhood violence and enhancing their wellbeing. Her Excellency met with many of our Maltese community as with Josephine Borg, one of MACASA's volunteers and board members in the above photo. The President was very interested in the health and welfare systems that Australia has and the good work that our organisations are doing. See page 4 for more photos.



Warm Regards,
Madeleine.

2016 MACASA ACTIVITIES

Please see below the dates and details for our Monthly Luncheons and other Activities. **Bookings are essential** so call Sue on **8241 0266** to book any activities. **TRANSPORT IS AVAILABLE** to any of our events please ask us when you make your booking, our buses can pick you up from home in the morning and then drop you home again in the afternoon.

SEPTEMBER

Monday	5	North Monthly Luncheon – Salisbury North Football Club
Monday	12	South Monthly Luncheon – Racquets St Marys
Wednesday	21	West Monthly Luncheon – Cheltenham
WEDNESDAY	28	Activity Day– Bus Trip - Barossa

OCTOBER

Monday	10	North Monthly Luncheon – Salisbury North Football Club
Monday	17	South Monthly Luncheon – Racquets St Marys
Wednesday	26	West Monthly Luncheon – Cheltenham

NOVEMBER

Wednesday	30	November–Port River Cruise
-----------	----	----------------------------

Bookings are Essential

August/September Birthdays

Helen Cini	Jennifer Cates	Lajos Szabo	Peter Castrique
Doris Mangion	Errol Bridge	Hazel Horbath	Paulette Alexander
Gurwinder Singh	Irma Barkla	Cathryn Czubak	Vas Klemenko
Connie Borg	Ross Collins	Nina Abela	Barbara Cooper
Elva Goodings	Shirley Cowling	Ralph Sumner	Janet Clothier
Rose Vella	Catherine Chetcuti	Chris White	Violet DeFelice
Bev Mason	James Tobin	Tessie Agius	Charlie Mifsud
Claudine Abela	Josephine Caruso	Helen Camilleri	Dorothy Bartolo
Margaret Mifsud	Marilyn Philbey	Josephine Zammit	Josephine Gauci
Wilhelmina Houlihan	Anton Kurvers	Maria Saliba	Josephine Muscat
Jillian Curtain	Bob Geister	Rhonda Hooper	Carmen Borg
Theresa Scerri	Theresa Bonnici	Clem Cooke	Ivan Juric
Judith More	Louise Kurvers	Edward Camilleri	Brenda Maxwell
Fred Borg	Roy Barrett	Alice Fabri	Teresa Mifsud
Mary Borg	Dolores Muscat	Trixie Dobinson	John Muscat
Jerry Caruana	John Mangion	Max Mortimer	Sharon Hudson
Helen English	Wendy Clarke	Rhiannon O'Connor	Christine Pedler
Stephen Wade	Doris Mangion		



IN SEPTEMBER FOR ALL MACASA FUNCTIONS — YOU ARE INVITED TO BRING A FRIEND



“ A friend is someone who knows the song in your heart and can sing it back to you when you have forgotten the words.”

ALL CLIENTS AND MEMBERS ARE INVITED AND ENCOURAGED TO ATTEND.

THE MONTH OF SEPTEMBER WILL BE CELEBRATED BY MACASA AS BRING A FRIEND MONTH. OF COURSE WE WILL BE HAVING A LOVELY MEAL (\$8 for clients or \$15 non clients).

WE ARE ABLE TO ASSIST WITH TRANSPORT (\$9 for clients or \$10 non clients if collected from the same address).

BUS TRIP depending on seats available (\$30 for clients or \$45 non-client).

Bookings are essential through Sue on 8241 0266.

Maltese Presidential Visit



MORE OUTINGS READY FOR YOUR BOOKINGS

WEDNESDAY SEPTEMBER 28—
Day Bus Trip to the Barossa Valley \$30.



WEDNESDAY NOVEMBER 30—
Port River Dolphin Cruise \$30

Available Services from MACASA

Domestic Assistance

Domestic help services can support you with practical tasks such as general housework and shopping. Services like these may help you to remain independent in your own home.

Domestic assistance can be provided 1 hr per week or 2 hours per fortnight at a cost to you of \$10.00 per hour.

Transport

Transport services can help to get you to and from your appointments and around your community.

Transport can be provided by a volunteer if available or via taxi vouchers.



Meals

Meals and other food services can help you maintain a healthy, balanced diet. These services may support you to stay in your own home. MACASA provide home cooked meals as both fresh (delivered daily) and frozen deliveries (delivered weekly) depending on your suburb. A 3 course meal is \$8.00.



Social support

Social support services can help you to maintain an active social life by having someone visit you in your home, or by arranging visits and outings in the community. Would you like to meet new people, try something new or just have some company on a regular basis. Contact the office so that we can discuss your social needs and goals.



Handy contact numbers...



myagedcare Ph: **1800 200 422**

myagedcare.gov.au



centrelink

Older Australians: 132 300 MyGov: 132 307

Carers: 132 717 Multilingual Service: 131 202

www.humanservices.gov.au



Government of South Australia

**Department for Communities
and Social Inclusion**

Disability SA - Ph: 8415 4250



**Alzheimer's
Australia**
Living with dementia

National Dementia Helpline - Ph: 1800 100 500

Alzheimer's Australia SA - Ph: 8372 2100

Who is MACASA...

Full Name: **Jeff Burg**
Birth Place: North Norwood
Occupation: Meal Delivery Driver —Volunteer
Star Sign: Capricorn
Siblings: Brother
Marital Status: Widower
Children: Son and Daughter
High School: Norwood Boys Tech
Started at MACASA: 2009
Favourite Colour: Blue
Food: BBQ, Prawns & Crayfish
Movie: Mrs Doubtfire, Tootsie & Ben Hur
Actor: Matt Damon, Tom Hanks & Dustin Hoffmann
Actress: Sandra Bullock & Whitney Houston
Song: The Prayer, Climb Every Mountain, Crows Song
Singer: Bing Crosby, Frank Sinatra & Rod Stewart
Group: ABBA, Beatles & Bee Gees
TV Show: Family Fued, Home & Away, Winners & Losers
Hobbies: Gardening, Cooking, Learning to use Technology
Sports Played: Tennis, Swimming, Ten Pin Bowling & Football
Most Memorable Moment: Birth of my 2 Children, Marriage & Puppy Leroy
Favourite Work Place: Home (Odd Jobs), MACASA & helping at Tennis Club.

