

Maltese Aged Care Association  
(SA) Inc.  
ABN 71 724 767 570

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**OFFICE**

**Cheltenham Community  
Centre**

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**WEBSITE**

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**MACASA SERVICES**

- *Meals: Fresh Home-delivered or Frozen pick-ups*
- *Monthly Activities: Salisbury, St Mary's & Cheltenham*
- *Bus Trips/Day Trips*
- *Transport Services*
- *Visiting/Social support*
- *Domestic Assistance*

*"Funded by the Australian Government  
Department of Social Services.  
Visit the Department of Social Services  
website ([www.dss.gov.au](http://www.dss.gov.au))  
for more information"*

Hello and Happy Valentine's Day. I hope you had a lovely day and spent it with loved ones or maybe even just spoilt yourself a little.



I would like to welcome all of our new clients to MACASA, I look forward to meeting you all and hope you are able to attend some of our outings or luncheons.

We have been busy in the office this past month with planning our activities for the coming year. If you have any suggestions for what you would like to do or somewhere you would like to go please all the office and let us know. All feedback and suggestions are welcomed.

Continuing over the next few weeks MACASA staff will be contacting you, if you haven't been contacted as yet, to confirm your contact details to ensure that we have all your current information. We will also be confirming what services you currently receive and if there are any services that you would like to receive.

As of 1<sup>st</sup> of April 2016 our meal prices will be increasing slightly for individual meals:

Soup	\$2.00
Main	\$6.00
Dessert	\$2.00

A 3 course meal (soup, main & dessert) will still cost \$8.00.

MACASA's management committee, staff and volunteers would like to wish you and your families a safe and lovely Easter.



Warm Regards,  
Madeleine Williams.

# *Dates for Easter 2016 in Australia*

<b>2016</b>	<b>Date</b>	<b>Day</b>	<b>Holiday</b>	<b>State</b>
	25 Mar	Fri	Good Friday	National
	26 Mar	Sat	Easter Saturday	National (Except TAS & WA)
	27 Mar	Sun	Easter Sunday	ACT, NSW & VIC
	28 Mar	Mon	Easter Monday	National
	29 Mar	Tue	Easter Tuesday	TAS ^^

## *MALTESE HOLY WEEK AND EASTER*

*20/3/2016 – 27/3/2016.*

Good Friday and Easter are celebrated in Malta in a liturgical and ceremonially prominent manner. On Palm Sunday, one may assist to the liturgical rites that usher in Holy Week. On Thursday evening and Friday morning, churches have their paintings draped over in purple or black velvet. The Maltese folk turn out in their thousands to visit and pray in seven different churches as traditionally observed.



On Good Friday, late afternoon, some 17 different towns and villages commemorate the Passion of the Christ by an organised and very solemn procession of statues. Each of these statues represents a particular episode in the Passion of the Christ and is carried by pallbearers. Between one statue and another (some ten in all) participants are dressed as biblical characters who take part in the procession in a dignified manner. Many processions include men in penitence bearing a cross and sometimes dragging chains as well tied to their bare feet as penitence.

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Easter manifests itself in a happier and festive mood. The Statue of the Risen Christ signifies the last act of the Passion of the Christ - Christ triumphant over death. This time all will rejoice to the commemoration that 'Christ is Risen from the Dead'. Tradition dictates that children carry their Easter pastry (figolla) to be blessed by the statue of the Risen Christ. Easter is a demarcation line in the calendar of Malta's seasonal calendar as it heralds the beginning of Spring.

# 2016 MACASA ACTIVITIES

## *Bookings are Essential*

### FEBRUARY

Wednesday	17	West Monthly Luncheon - Cheltenham Community Centre
Wednesday	24	Movie Day - Mitcham Theatre. (Movie title 45 years)

### MARCH

Monday	7	North Monthly Luncheon - Venue to be advised
Monday	21	South Monthly Luncheon - Racquets St Marys
Wednesday	30	West Monthly Luncheon - Cheltenham Community Centre

### APRIL

Monday	4	North Monthly Luncheon
Monday	11	South Monthly Luncheon - Racquets St Marys
Wednesday	20	West Monthly Luncheon - Cheltenham
Wednesday	27	Activity Day - Fashion Parade & Trade Day

## What's on?...

Please see below the dates and details for our Monthly Luncheons and other Activities. Please call Sue on **8241 0266** to book your seat to attend any of our activities below as we would love to see you there and bookings are essential. If you require transport to any of our events please ask us when you make your booking, our buses can pick you up from home in the morning and then drop you home again in the afternoon.

**PLEASE NOTE ... THE NORTH LUNCHEON ON 7 MARCH HAS ANOTHER CHANGE OF VENUE. PLEASE RING THE WEEK PRIOR FOR THE VENUE AND ADDRESS.**

# Wednesday 24 February - Movie Day

First Activity Day is booked for **Wednesday 24 February** and we booked Movie and Lunch Day at Mitcham Cinema Complex. The Film we have booked is titled '45 Years' .

## Details of the film - 45 Years

As their 45th wedding anniversary approaches, a woman (Charlotte Rampling) learns that her husband (Tom Courtenay) was once engaged to someone else.

If you are interested in attending please put this date in your diary. The office has an attendance sheet ready for your bookings.

Please call Sue on **8241 0266** to book your seat to attend as limited spaces are available. Please advise if you require transport. Cost is \$25 per client.

***Bookings are Essential***

## Wednesday 27 April – Activity Day

For your information the next Activity Day has been booked on **Wednesday 27 April** we are expecting to have a Fashion Parade, Trade Tables and possibly a luncheon. Please put this date in your diary so you do not miss out.

## FEBRUARY 2016 BIRTHDAYS



Helen Borg	Nell Hollitt	Theresa Molinari		
Yvonne Jackaman	Gracie Seychell	Dorothy Harrop	Carmen Briffa	Tony Vassallo
Furta Camilleri	Maria Falzon	Jasmine George	Joseph Vella	Maria Arena
Leli Saliba	Evelyn Kinloch	Lilian Mifsud	Joe Bell	Coral Wilson
Diego Caruso	Helen English	Judith McPhee	Victoria Muscat	Joe Pappalardo
Margaret Townsend	Antonia Zammit	Josephine Borg	Sue Eichner	Maddie Williams
Theresa Caruana	Maria Vidal	Nick Malone	Petronella Cremona	