

# 2021 - WINTER MENU

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WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ENTREE</b>	Sweet Potato Carrot & Bacon Soup(LG) OR Pumpkin Scone & Butter	Pumpkin Soup (LG) OR Vegetable & Cheese Rolls	Celery Soup (LG) OR Cheese, Bacon & Pasta Slice	Zucchini Broccoli Soup (LG) OR Egg, Potato & Bacon Rosti	Minestrone Soup OR Pasty Slice
<b>MAIN</b>	Beef Schnitzel & Veg OR Caprese` Chicken & Veg (LG)	Roast Lamb & Veg (LG) OR Braised Beef w Onion & Veg	Beef Stroganoff w Pasta OR Baked Chicken Breast & Veg (LG)	Beef Meatballs, Onion Gravy & Veg OR Vegetable Korma & Rice (LG) (V)	Crumbed Fish & Veg OR Baked Rice (LG)
<b>DESSERT</b>	Bread & Butter Pudding	Fruit Salad* (LG)	Lemon Raspberry Magic Cake	Apple & Rhubarb Crumble	Butterscotch Pudding & Cream

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ENTREE</b>	Cauliflower Soup(LG) OR Caramelised Onion Tarts	Beef & Barley Soup OR Vegetable Frittata (LG)	Sweet Potato Soup (LG) OR Carrot Cheese & Chive Muffin	Chicken Noodle Soup OR Beef & Mushroom Pie	Pumpkin & Potato Soup (LG) OR Sweet Potato Bacon Slice
<b>MAIN</b>	Ravioli w Tomato & Basil Sauce (V) OR Beef Sausages & Veg (LG)	Lemongrass Chicken & Rice (LG) OR Tuna Mornay	Massaman Beef Curry OR Roast Turkey & Veg (LG)	Lamb Stew (LG) OR Dijon Mustard Chicken w Veg (LG)	Baked Fish w Cherry Tomatoes & Olives & Veg (LG) OR Pumpkin Spinach Ricotta Cannelloni & Veg (V)
<b>DESSERT</b>	Fruit Salad* (LG)	Pear & Walnut Cake ***	Berry Blondie	Apple & Peach Brown Betty	Maltese Fruit Cake & Custard

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ENTREE</b>	Carrot Soup (LG) OR Sweet Potato Zucchini Fritter	Chicken & Veg Soup OR Corn Fritters w SCS	Lentil Soup (LG) OR Spinach & Ricotta Bites	Mushroom Soup (LG) OR Spinach Bacon & Cheese Tart	Vegetable Soup (LG) OR Quiche Tarts
<b>MAIN</b>	Fish Pie w 3 Veg Topping (LG) OR Chicken Schnitzel & Veg	Pork Schnitzel & Veg OR Sausage & Veg Casserole (LG)	Zucchini Slice OR Shepherd's Pie (LG)	Roast Pork & Veg (LG) OR Steak & Kidney Pie & Veg	Tuna Patties & Veg (LG) OR Spaghetti Bolognese
<b>DESSERT</b>	Apricot Crumble	Fruit Salad* (LG)	Orange & Poppyseed Cake	Apple Pie & Cream	Cheesecake

WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ENTRÉE</b>	Potato & Leek Soup (LG) OR Sausage Rolls	Vegetable Risoni Soup OR Spinach, Feta & Tomato Slice	Chicken & Corn Soup (LG) OR Pizza Calzone	Tomato Soup (LG) OR Pumpkin Spinach & Feta Frittata	Pea & Ham Soup (LG) OR Vegetable Pasta w Rose' Sauce
<b>MAIN</b>	Thai Chicken & Veg (LG) OR Lasagne`	Corned Silverside & Veg (LG) OR Turkey Carbonara	Sesame Lamb & Bean Noodles OR Steamed Fish w Capers & Veg (LG)	Chicken Broccoli & Cashew Stirfry(LG) *** OR Roast Beef & Veg (LG)	Battered Fish & Veg OR Chicken Cottage Pie (LG)
<b>DESSERT</b>	Fruit Salad* (LG)	Apricot Upsidedown Cake	Chocolate Pudding	Creamed Rice	Irish Apple Cake

**\*Not available for frozen orders – (LG) Gluten Free - May contain traces of Gluten - \*\*\* Contains Nuts - (V) Vegetarian**