

# 2019 - WINTER MENU

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WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ENTREE</b>	Sweet Potato Carrot & Bacon Soup(LG) OR Frittata (LG)	Celery Soup (LG) OR Carrot, Cheese & Chive Muffin	Mushroom Soup (LG) OR Cheese, Bacon & Pasta Slice	Minestrone Soup OR Egg, Potato & Bacon Rosti	Beef & Barley Soup (LG) OR Pumpkin Scone & Butter
<b>MAIN</b>	Beef Schnitzel & Veg OR Chicken Casserole (LG)	Tuna Mornay OR Roast Pork & Veg (LG)	Maltese Beef Pie & Veg OR Marinated Chicken & Veg (LG)	Beef Meatballs, Onion Gravy & Veg (LG) OR Zucchini Slice	Crumbed Fish & Veg OR Lamb Korma & Rice (LG)
<b>DESSERT</b>	Pear & Walnut Cake ***	Fruit Salad* (LG)	Bread & Butter Pudding	Lemon Meringue Tart	Apple & Rhubarb Crumble

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ENTREE</b>	Primavera Soup (LG) OR Caramelised Onion & Cheese Tarts	Lentil Soup (LG) OR Pasty Slice	Cauliflower Soup (LG) OR Corn Fritters w SCS	Chicken Noodle Soup OR Spinach, Bacon & Cheese Tart	Pumpkin & Potato Soup(LG) OR Stuffed Mushrooms (LG)
<b>MAIN</b>	Beef Sausages & Veg (LG) OR Chicken Cottage Pie (LG)	Lemongrass Chicken & Rice (LG) OR Beef Stroganoff & Pasta	Turkey Carbonara OR Roast Lamb & Veg (LG)	Pumpkin Spinach & Ricotta Cannelloni & Veg OR Baked Chicken Breast & Veg (LG)	Baked Fish w Cherry Tomatoes & Olives & Veg (LG) OR Shepherd's Pie (LG)
<b>DESSERT</b>	Fruit Salad* (LG)	Apple & Peach Brown Betty	Irish Apple Cake	Creamed Rice	Butterscotch Pudding

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ENTREE</b>	Broccoli Soup (LG) OR Zucchini Fritters	Chicken & Veg Soup (LG) OR Beef & Mushroom Pie	Carrot Soup (LG) OR Ravioli w Tomato & Basil Sauce	Sweet Potato Soup (LG) OR Quiche Tarts	Vegetable Soup (LG) OR Sweet Potato Bacon Slice
<b>MAIN</b>	Fish Pie w 3 Veg Topping (LG) OR Chicken Kiev & Veg	Sausage & Veg Casserole (LG ) OR Lamb Stew (LG)	Pork Cassoulet OR Chicken Schnitzel & Veg	Roast Turkey & Veg (LG) OR Baked Rice (LG)	Tuna Patties & Veg (LG) OR Spaghetti Bolognese
<b>DESSERT</b>	Apricot Crumble	Fruit Salad* (LG)	Custard Tart	Apple Pie & Cream	Maltese Fruit Cake & Custard **

WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ENTRÉE</b>	Chicken & Corn Soup (LG) OR Sausage Rolls	Vegetable Risoni Soup OR Spinach, Feta & Tomato Slice	Pumpkin Soup (LG) OR Pizza Calzone	Potato & Leek Soup (LG) OR Pesto, Cherry Tomato Pasta	Pea & Ham Soup (LG) OR Pumpkin Spinach & Fetta Frittata
<b>MAIN</b>	Thai Chicken & Veg (LG) OR Creamy Pork Stew	Corned Silverside & Veg (LG) OR Chicken Broccoli Cashew Stirfry (LG) ***	Braised Beef & Onions & Veg OR Steamed Fish w Capers & Veg (LG)	Pork Schnitzel & Veg OR Roast Beef & Veg (LG)	Battered Fish & Veg OR Dijon Mustard Chicken & Veg (LG)
<b>DESSERT</b>	Fruit Salad* (LG)	Cheesecake	Chocolate Pudding	Upside down Cake	Fruit Fool (LG)

**\*Not available for frozen orders - \*\*Dessert frozen without Custard - (LG) Gluten Free – May contain traces of Gluten - \*\*\*Contains Nuts**