

# 2026 - WINTER MENU

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WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ENTREE</b>	Lentil Soup (LG) OR Macaroni & Cheese (V)	Carrot Soup (LG)(V) OR Pumpkin Scone & Butter (V)	Creamy Chicken Soup OR Vegetable Frittata (LG)(V)	Vegetable & Barley Soup (V) OR Carrot & Haloumi Fritters (V)	Sweet Potato Carrot Bacon Soup (LG) OR Curry Puff (V)
<b>MAIN</b>	Shepherd's Pie (LG) OR Chicken Schnitzel & Veg	Roast Lamb & Veg (LG) OR Creamy Chicken Pasta	Beef Tortellini w Tomato Basil Sauce OR Baked Chicken Breast & Veg (LG)	Beef Meatballs w Onion Gravy & Veg (LG) OR Butter Chicken & Rice (LG)	Tuna Patties & Veg (LG) OR Spaghetti
<b>DESSERT</b>	Chocolate, Raspberry & Walnut Brownie ***	Fruit Salad* (LG)(V)	Upside Down Cake	Apple Crumble Pie & Cream	Passionfruit Slice

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ENTREE</b>	Pumpkin Soup (LG) (V) OR Quiche Tarts	Chicken & Veg Soup (LG) OR Pumpkin Spinach & Feta Tarts (V)	Sweet Potato Soup (LG)(V) OR Carrot Cheese & Chive Muffin (V)	Chorizo & Potato Soup (LG) OR Asian Chicken Meatballs (LG)	Mushroom Soup (LG)(V) OR Pasty Slice
<b>MAIN</b>	Lasagna OR Chicken Cottage Pie (LG)	Pork Schnitzel & Veg OR Curried Sausages & Mash (LG)	Roast Turkey & Veg (LG) OR Tuna Mornay	Pumpkin Spinach & Ricotta Cannelloni (V) OR Light Chicken Korma & Rice (LG)	Baked Fish with Cherry Tomatoes & Veg (LG) OR Lamb Stew (LG)
<b>DESSERT</b>	Fruit Salad* (LG)(V)	Apple & Rhubarb Crumble	Maltese Fruit Cake & Custard	Chocolate Pudding & Cream	Cheesecake

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ENTREE</b>	Celery Soup (LG) (V) OR Sweet Potato Bacon Slice	Sweet Potato & Ginger Soup (LG) (V) OR Sausage Rolls	Tomato Soup (LG) (V) OR Caramelised Onion Tarts (V)	Potato & Bacon Soup (LG) OR Cheese & Chive Scone (V)	Vegetable Soup (LG) (V) OR Pizza Scrolls
<b>MAIN</b>	Potato Pie & Veg OR Chicken Broccoli Cashew Stir fry (LG) ***	Pork Sausages with Mushroom Gravy & Veg (LG) OR Thai Chicken & Veg (LG)	Braised Beef & Onions (LG) OR Zucchini Slice	Quiche & Veg OR Roast Beef & Veg (LG)	Crumbed Fish & Veg OR Chicken & Leek Casserole (LG)
<b>DESSERT</b>	Irish Apple Cake	Fruit Salad* (LG)(V)	Bread & Butter Pudding	Lemon Meringue Tart	Baked Custard Tart

WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ENTRÉE</b>	Pea & Ham Soup (LG) OR Cheese & Veg Roll (V)	Minestrone Soup (V) OR Chicken Sausage Rolls	Chicken & Corn Soup (LG) OR Spinach & Ricotta Bites (V)	Pumpkin & Potato Soup (LG) (V) OR Beef, Bacon & Cheese Pie	Vegetable Risoni Soup (V) OR Asparagus & Sundried Tomato Frittata (LG) (V)
<b>MAIN</b>	Dijon Mustard Chicken & Veg (LG) OR Fish with Lemon Sauce & Veg (LG)	Corned Silverside & Veg (LG) OR Lamb & Rosemary Pie & Veg	Beef Schnitzel & Veg OR Roast Pork & Veg (LG)	Lemon Pepper Chicken & Veg (LG) OR Vegetarian Lasagna (V)	Battered Fish & Veg OR Massaman Beef Curry & Rice (LG)
<b>DESSERT</b>	Fruit Salad* (LG)(V)	German Custard Cake	Mixed Berry Pudding & Cream	Chocolate Tart	Cherry Cake

**\*Not available for frozen orders - \*\*\* Contains Nuts - (LG) Low Gluten - May contain traces of Gluten - (V) Vegetarian**

***This kitchen supplies meals that contain Gluten and Nuts on occasion and therefore we cannot guarantee a total Nut or Gluten Free environment***