



Maltese Aged Care Association
(SA) Inc.
ABN 71 724 767 570

MACASA

**PO Box 6004
Alberton SA 5014**

OFFICE

**Cheltenham Community
Centre**

**62 Stroud Street North
Cheltenham SA 5014**

PHONE

(08) 8241 0266

MOBILE

0412 014 313

FAX

(08) 8241 0299

WEBSITE

www.malteseagedcare.org.au

EMAIL

reception@malteseagedcare.org.au

MACASA SERVICES

- *Meals: Fresh Home-delivered or Frozen pick-ups*
- *Monthly Activities: Salisbury, St Mary's & Cheltenham*
- *Bus Trips/Day Trips*
- *Transport Services*
- *Visiting/Social support*
- *Domestic Assistance*

*"Funded by the Australian Government
Department of Health.
Visit the Department of Health website
(www.health.gov.au)
for more information"*

BULLETIN

VOLUME 9* ISSUE 28

December 2016

Hello Service User,

Once again another year has passed and is coming to an end as we enter the 2016 Festive Season. MACASA will only be closed on the public holidays throughout the Festive Season. **Closure Dates:** *December Monday 26th, Tuesday 27th and January Monday 2nd.*

I would like to thank you Service User, and all of our clients, for your support throughout 2016. It has been a pleasure to provide you with your services and to meet you at our functions. If you haven't attended any of our functions as yet, we hope that we get to meet you at one in the New Year.

Service User, MACASA and myself are looking forward to building a bigger and better service together with you in 2017. For our meal delivery clients we will be sending out our new menu by mid January advising when the new menu will start and we look forward to any feedback you can give us. We are also looking at putting some new and informative programs together for 2017.

Service User please take note on page 5 at some changes that will take effect in 2017, regarding attendance at our functions and also the need for existing clients to contact My Aged Care over the coming year to ensure continuity of services post 2018.

Also a reminder Service User, with the start of the hot weather, our hot weather policy is now in effect. If the temperature is advised to be 38 degree's or hotter on the following day then our meals service will start 1 hour earlier than normal — meal deliveries will start from 10am. This allows our volunteers to finish prior to the hottest part of the day.

Service User all the management committee, staff and volunteers of MACASA would like to wish you and your families a safe and happy festive season and we look forward to serving you again in 2017.

Warm Regards,
Madeleine.



2016 CHRISTMAS LUNCHEON

Service User please join us for our Annual Christmas Luncheon. **Bookings are essential** so call Sue on **8241 0266** to book. **TRANSPORT IS AVAILABLE** to this event please ask us when you make your booking, our buses can pick you up from home in the morning and then drop you home again in the afternoon.

DECEMBER

Wednesday 14 11am-3pm Client Christmas Lunch
Cheltenham Community Centre

Bookings are Essential

MACASA 2016 CHRISTMAS RAFFLE

\$1 per ticket

500 tickets available

1st Prize: Christmas Gift Basket
 with Lavazza Modo Mio
 Coffee Machine

2nd Prize: Christmas Gift Basket

3rd Prize: Christmas Gift Basket

*Prizes Drawn 14th December at the
Christmas Lunch.*



October, November & December Birthdays

Joseph Busuttill

Kathleen Stevens

Gloria Madigan

Daphne Hathaway

Yvonne McGregor

Josephine Briffa

Patricia Nissen

Tessie Mansuetto

Jacqueline Sassiotti

Roy Young

Frances Gatt

Richard Aylward

Emmanuel Buhagiar

Patricia Crawford

Ralph Mutton

Ron Neal

Irene Jeromel

Margaret Stevens

Joseph Chetcuti

Lorraine Sullivan

John Jolly

Doris Calleja

Jason Norton

Harry Hettrick

John Daws

Jennifer Gray

Thomas Clothier

Leeta Lane

Lorise Robb

William Thompson-Dyett

Ruth Sellick

Peter Woods

Darren Norton

Margaret Scicluna

Betty Henley

Catherine Jones

Dawn McBeth

Carmen Chetcuti

Josephine Carabott

Carmen Debono

Jean Barrenger

Lorry Pace

Norma Ford

Anna Bakurski

Ross Borg

Michael Eley

Catherine Damilleri

Jenny Richardson

Laurence Vassallo

Elizabeth Valenza

John Pascoe

Valmai Drew

Denise McEvoy

Joseph Borg

Bob Theodore

Kate Attard

Robert Thorp

Frances Spiteri

Richard Saliba

Mary Dennis

Joyce Sumner

Anthony Chetcuti

Florence Lawson

Effie Cleanthous

Vickie Solomon

Guza Calleja

Angelina Bruno

Dorothy Squire

Raymond Baverstock

Carmen Pace

Stanley Forrest

Joyce Smissen

Sandra Fogarty

Mary Ellul-Ciantar

Carmen Vella

Gaynor Jenkins

Janet Foot

Inge Berger

Margaret Thorp

Jane Grima

Doris Zammit

Joan Fretter

Brian Whatley

Charlotte Sikora

Mary Middleton

Irene Hockham

Maria Barbara

Pam Robertson

Silvester Knafelc

Edna Moran

Marion Weston

Lola Slee

Rena Mifsud

Teresa Gedling

Alfred Pace

Denise Gorman

Michael Saad

Rose Visentin

Sandra Edson

Pauline Attard

Katharina Raggio

Geraldine Ashton

Helen Lulka

Doris Calleja

Gloria Powell

Valerie Royal

Margaret Forbes

Lina Camilleri

Donald Bennett

Ronda Jones

Josephine DeGabriele

Teresa Debono

Sheila Bramham

Kayleen Abbott

Ian Johnson

Janet Gilbertson

Rita Shepherd



2017

JANUARY						
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FEBRUARY						
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AUGUST						
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SEPTEMBER						
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30	31					

NOVEMBER						
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DECEMBER						
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25	26	27	28	29	30	31

	MAG West-Cheltenham
	MAG North-RSL Salisbury
	MAG South-Racquets
	Bus Trip / Mini Activity Day

	Client Xmas Lunch
	Volunteer/Staff Xmas Lunch
	School holidays
	Public Holiday

2017 REQUIREMENTS

1. **My Aged Care:**

- ◆ *As a reminder, all clients will receive a call from one of the MACASA Volunteers who are conducting client reassessments and updating our MACASA database with all your current details.*
- ◆ *By July 2018 all current clients must have registered with My Aged Care on 1800 200 422 to obtain an AC client number. All clients Australia wide, for all Aged Care Services (meals, domestic assistance, transport, functions etc), are required to register with My Aged Care. MACASA request that you contact My Aged Care on 1800 200 422 prior to July 2017 to register with My Aged Care as we expect the backlog will be huge.*
- ◆ *My Aged Care will perform an assessment with you and then send through your Assessment with Reference Numbers to MACASA for processing.*

2. **MACASA Functions:** Changes and requirements going forward:

- ◆ *All clients or families must ring one (1) week prior to any MACASA function to book attendance and transport requirements. Unfortunately our office staff will no longer be able call all clients due to increasing client numbers.*
- ◆ *Clients are also required to give 24 hours notice when cancelling transport for any function.*
- ◆ *MACASA staff will phone you (the client) with the confirmed time of pick up the day prior to any function as per our usual arrangement.*

Available Services from MACASA

Domestic Assistance

Domestic help services can support you with practical tasks such as general housework and shopping. Services like these may help you to remain independent in your own home.

Domestic assistance can be provided 1 hr per week or 2 hours per fortnight at a cost to you of \$10.00 per hour.

Transport

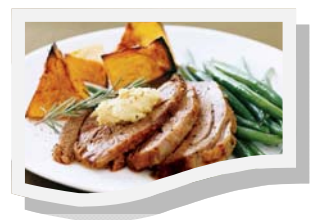
Transport services can help to get you to and from your appointments and around your community.

Transport can be provided by a volunteer if available or via taxi vouchers.



Meals

Meals and other food services can help you maintain a healthy, balanced diet. These services may support you to stay in your own home. MACASA provide home cooked meals as both fresh (delivered daily) and frozen deliveries (delivered weekly) depending on your suburb. A 3 course meal is \$8.00.



Social support

Social support services can help you to maintain an active social life by having someone visit you in your home, or by arranging visits and outings in the community. Would you like to meet new people, try something new or just have some company on a regular basis. Contact the office so that we can discuss your social needs and goals.



Handy contact numbers...



myagedcare Ph: 1800 200 422

myagedcare.gov.au



centrelink

Older Australians: 132 300 MyGov: 132 307

Carers: 132 717 Multilingual Service: 131 202

www.humanservices.gov.au



Government of South Australia

**Department for Communities
and Social Inclusion**

Disability SA - Ph: 8415 4250



**Alzheimer's
Australia**
Living with dementia

National Dementia Helpline - Ph: 1800 100 500

Alzheimer's Australia SA - Ph: 8372 2100

<https://www.fightdementia.org.au/>



beyondblue
Depression. Anxiety.

Beyond Blue Support Line - Ph: 1300 22 46 36

<https://www.beyondblue.org.au>



SAPOL Attendance: Ph: 131 444

SAPOL Emergency - Ph: 000

Who is MACASA...

Full Name: **Sue Boothey**
Birth Place: Toorak Gardens Adelaide
Occupation: Office Administration
Star Sign: Taurus
Siblings: 3 Brothers
Marital Status: Married
Children: 2 Sons and 2 Daughters
High School: Adelaide Technical High School
Started at MACASA: 2011
Favourite Colour: Orange
Food: Most things especially Ice Cream
Movie: Patch Adams, The Beauty Shop
Actor: Robin Williams
Actress: Queen Latifah
TV Show: Home Renovation Shows
Hobbies: Family, sport, renovating, gardening, cooking
Sports Played: Netball, Table Tennis, Tennis
Most Memorable Moment: The time my late Grandfather yelled out in the middle of a netball grand final at Apollo Stadium, "she is a bloody good Ruck". My grandfather was deaf so everyone in the stadium could hear.
Favourite Work Place: All positions working with Aged Clients.

